



Supporting the work of the Himalayan Trust in Nepal

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Outdoor Appetite is a 160-page full-colour publication containing over 130 tried and true recipes, with photographs by Lindsay Keats.

It features the favourite recipes of many different people, including mountaineers and outdoor enthusiasts, New Zealand restaurateurs and Nepalese chefs.

Outdoor Appetite contains an eclectic selection of recipes, sure to satisfy the most discerning appetite.

100% of funds from the sale of this cookbook will go to support the work of the Himalayan Trust in Nepal. Funds raised are earmarked for rebuilding schools devastated in the 2015 earthquake and supporting teacher training.



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